



Spa Treatments Good Enough to Eat

By [Neha Shah](#), Triangle Contributor



Hungry for some relaxation? From a mango manicure to a pumpkin-peel facial, feed your skin and your senses while sampling these tasty treatments at some of the Triangle's top spas.

On This Page: [Recipes for Relaxation](#), [More Spas in the Triangle](#)

Recipes for Relaxation

[B Roman Skin & Body Therapy](#) | [Website](#)

2425 Kildaire Farm Rd Ste 501, Cary, NC

Stimulate your senses: Choose a mango manicure to complement your peppermint pedicure.

[Jolie the Day Spa & Hair Design](#)

420 Woodburn Rd, Raleigh, NC

Try a refreshing pedicure that uses peppermint sea salt, essential oil and leaves to create a cool, relaxing experience.

[Cherrybomb](#)

508 St Marys St, Raleigh, NC

What do you get when you combine an orange soak, Aveda bath salts and vanilla essential oil? An Orange Creamsicle pedicure, of course.

Related links:

[The Triangle's best day spas](#)

[Spotlight: Yoga and Pilates](#)

More Spas in the Triangle

[Serena Signature Spa Salon](#)

614 W Peace St, Raleigh, NC

Luxurious spa treatments and hair and nail services are offered in a cute, cozy house.

[La Therapie Spa At Preston](#) | [Website](#)

1000 Darrington Dr, Cary, NC

This full-service Cary day spa offers clients free sessions in a special inhalation room.

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